

SBENATI DENTISTRY

Where dentistry feels good



Laser
(No-needle)
Dentistry

Meet Dr. Sbenati



Best dental
visit ever.

sbenatidentistry.ca



No Dairy No Cry Recipe of the month

Perfect for last minute dinners or lunch ideas, and also great as party appetizers. They take minutes to make, taste great, and fill you up without weighing you down (more on pg 2).



SMILES FOR KIDS

A day filled with fun in the theme of Dr. Seuss (more on pg 2).



DENTAL TIP OF THE MONTH

Smoking leads to tooth decay (more on pg 2).

LASER (NEEDLE-FREE) DENTISTRY



WHAT IS IT?

At Sbenati Dentistry, we're proud to be the first and only clinic to offer you the experience of no needles using the Solea laser.

Solea, the first CO2 dental laser offers a unique wavelength guided by sophisticated computers to deliver virtually painless dental procedures for both teeth and gums, from simple cavities to complex surgeries.

The experience is so unique that you will find it hard to believe you were just at a dental appointment.



A CHANGE FOR THE HAPPIER

The miracle we've both been waiting for, Solea is a dental laser that replaces the dental drill in the majority of procedures in our practice, from cavities to gum surgeries, which takes the typical noise, vibration, numbness and pain out of dental visits.

In fact, nearly every patient skips anaesthesia because they just don't need it.



HOW DOES IT WORK?

Solea uses light to vaporize tooth structure or soft tissue at such a high frequency, that it overwhelms pain receptors, which prevents pain signals from ever reaching the brain.

The result is an analgesic effect that allows the work to be completed with very little, if any, sensation.

Benefits of laser dentistry

- Anesthesia-free
- Pain-free
- Needle-free
- Noise-free
- No numbness for the face or tongue, so you can eat right right after your appointment



Book now

Book your spot now for our next event in January by phone or email at info@sbenatidentistry.ca.

SMILES FOR KIDS PRESENTS: Dr. Seuss

Last Smiles for Kids event on 14 December 2019 was a huge success.

Thank you for all the families and children who attended. You can see pictures and videos of last

month's event on our social media (Facebook, Instagram and LinkedIn: @sbenatidentistry).

Follow us on social media to stay up-to-date on upcoming events.

DENTAL TIP OF THE MONTH

SMOKING AND TOOTH DECAY

Almost 75% of gum disease in adults is caused by smoking. Your gums may recede as a result of smoking.

Smoking also leads to dry mouth, which is a culprit of tooth decay and an increased risk of sensitivity to hot and cold food and drinks.

Visit Sbenati Dentistry today to prevent gum disease and tooth decay.



Book your appointment

Book your appointment with Sbenati Dentistry today.

Call:
519-474-0220

Email:
info@sbenatidentistry.ca



CHEESY BROCCOLI MUSHROOM ROLLS

#nodairynocry

To see more inspiring and healthy recipes, follow @nodairynocry on Instagram.

Ingredients

- 1 broccoli, finely chopped stems removed
- 1 C fresh or canned mushroom (drain liquid if using canned), sliced
- 2 tbsp extra virgin olive oil
- 4 tbsp vegan mayonnaise (such as Veganaise)
- ¼-1/2 tsp sea salt

- ½ tsp garlic powder, OR, 2-3 garlic cloves, minced
- 8 phyllo dough, thawed
- 5-8 dairy free Mozzarella cheese slices, halved

Allergy friendly, dairy free, Egg free, healthy, nut free, peanut free, soy free, sugar free, vegan, vegetarian.

Meet Dr. Halim Sbenati



A native to London Ontario, Dr. Halim Sbenati came back to his hometown after earning his dental degree from the prestigious University of Sydney Dental School in 2015.

Over the years Dr. Sbenati has nurtured his passion for cosmetic and dental implantology with one of the best mentors from across the globe, whether it be further-

ing his training in Canada, USA, Athens or Australia.

He has dedicated his time to ensuring you receive the best dental care and service.

In his spare time, you can find Dr. Sbenati in the gym, or reading in Starbucks.

He is lovely and very approachable, and he loves to meet new people.



You can reach out to us on our social media channels



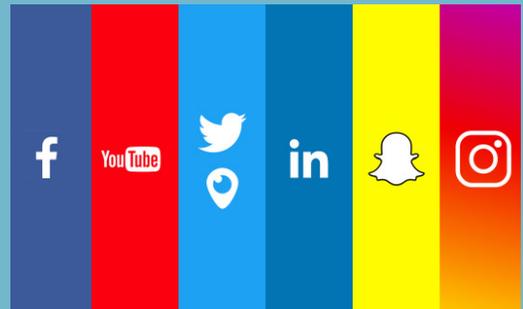
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CONTACT US

At Sbenati Dentistry, we view oral health as a partnership based on trusting relationships. As your partner, we are committed to helping you understand your dental care needs and the options you have – based on your own individual desires for your smile. As a dental clinic in London who also offers same-day dental appointments, we're here when you need us. Conveniently located, our brand-new dental practice was built from the ground up with your family's comfort in mind. Call today! We'd love to welcome you to our practice.

Phone: (519) 474 0220

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MON	8 am to 5 pm
TUE	11 am to 8 pm
WED	8 am to 5 pm
THU	8 am to 5 pm
FRI	7 am to 1 pm
SAT	closed
SUN	closed